



Nillumbik News

October 2004

This issue of NE News is available on the club website – (then you can see the photos more clearly) – if you have internet access - <http://emus.orienteering.com.au/>

In this Issue

- Victoria wins Australian Schools Carnival
- Report of the 3 Hour Maxi
- Vale Nigel Aylott
- Aus Champs Report – the Fell Chronicles

Coming NE Events

4 Nov	Thu	Latrobe Uni
10 Nov	Wed	Dandenong Creek
17 Nov	Wed	Yarra Bend Park
21 Nov		Mapping Day – Little Forest
24 Nov	Wed	Bennetswood
5 Dec	Sun	Annual General Meeting
8 Dec	Wed	Smiths Dell
15 Dec	Wed	Quambee Quandary

Annual General Meeting-BBQ

The club's AGM will be held at Gill King's property in Harcourt on the 5th of December. As usual, we will start with a BBQ at midday and then move to the meeting after we've eaten – say 2:00 pm.

Please BYO food/drinks and a plate for dessert. Gill's address is 138 Ford Road, Harcourt North (VicRoads Map 44 F8).

For directions to the AGM see the [map at the rear of this newsletter](#). Jindarra Springs Winery is only 1.5 Km down the road – we will check to see if it is open that afternoon.

Victorian Juniors win Schools Carnival



Congratulations to the 5 NE Juniors that represented Victoria in the Australian Schools Carnival. Rob Fell was team captain, Alice Edmonds and Jess Niven were in the Junior Girls squad and Hugh and Dave Mallen represented the Junior Boys.

This is a great result for all concerned – in the committee meeting prior to the carnival, the club recognized the effort and commitment of these young athletes and provided \$200 sponsorship to each of them to help cover traveling expenses for the carnival.



Rob and Jasmine accept the trophy on behalf of Victoria

Many of us with older children understand just how difficult it is to 'make the team' and the anguish experienced by those that miss out. Please take the time to encourage our Juniors – whether in the team or not. Judging by our representation in Junior Girls and Junior boys, we should continue to be well represented in future teams.



Join Nillumbik Emus Orienteering Club

Awarded "best bush-orienteering club in Victoria" for 6 of the last 8 years.

A club that provides training – to participate in events, to organize events and to set courses.

A club that organizes social events for after-running enjoyment.

A club whose junior members play a major part in the State Squad each year – the Captain of the squad in recent years has come from Nillumbik Emus.

Regular newsletters that keep you in touch with what's happening in orienteering.

The best website of any Victorian Club – with a focus on training for new orienteers.

Nillumbik Emus provides the street-orienteering website – a key resource for street-orienteering in Melbourne.

All for only \$5 per year!! Membership form available at the rear of this issue of Nillumbik News.

NE Receives Mapping Grant

Our submission to Parks Victoria for a \$4000 grant to remap the You Yangs has been successful. The You Yangs was climbed by Matthew Flinders on May 1st 1802, to survey Port Phillip Bay. This must make it one of orienteering's oldest maps. It certainly makes Flinders and his companions the earliest known people to have orienteered on one of our club's areas.

3-Hour Maxi

The Maxi held recently was, once again, very well received by those that took part. An interesting point in this event was the number of VRA members that took part – rogainers represented 25-30% of the people that took part in the event.

The other interesting attendance statistic was the number of DROC members that came along. DROC, once an active bush club, withdrew from bush orienteering to become a street-running club only. It's good to see them returning to the bush – we certainly need their support if we are to keep attendances up at bush events.

Individual NE performances are shown below. Note that Rob Fell did his usual training sprint around the course – scoring 1110 points in just 1 hour and 59 minutes.

Class	Name	Points
Familv	Michael Horn	590
Familv	Rosemarie De Haas	590
Familv	Rachel Horn	590
Familv	Freva Horn	590
Junior	Rob Fell	1110
Junior	Alice Edmonds	690
Senior	Antonv Ball	660
Senior	Christie Ball	660
Vet	Helen Edmonds	1190
Vet	Geoff Hudson	960
Vet	Don Fell	760
Vet	Fiona Fell	760
Vet	Bruce Johnson	720
Vet	Rhonda Di Biase	720
Vet	Peter Malonev	690
Vet	Laurie Niven	310
Vet	Anela Chimenton	310
SuperVet	Kevin Malonev	710
SuperVet	Richard Hobbs	240
SuperVet	Janet Fitzwater	240
SuperVet	Dorothv Adrian	
SuperVet	Paul Adrian	

A detailed list of all results, including breakdowns and a photo gallery can be found on our club website at <http://emus.orienteering.com.au/>

Badge Awards

Congratulations to those people that qualified for Bagde Awards as a result of this years bush orienteering participation. As is usual, the club will fund the purchase of

these badges for all Juniors – and will present them at the AGM (where present).

Rob Fell sets up Vic Squad WebSite

In keeping with NE's prowess at setting up websites for all and sundry, Rob has recently set up a website for the Vic. Junior Squad at <http://www.vicsquad.co.nr/>

This website provides information about the squad, feature articles about current events and provides access to a discussion board that seems to be widely used by the team to keep in touch with one another.

Membership in the squad is an important social activity for our younger members...and Rob is to be congratulated for the effort that he continues to invest in this area. By the time you read this, we'll have put a link to this site from our club site and our street orienteering web site.

Dietary Tips by Hugh Mallen

Just back from their highly successful participation in the Australian Championships, we asked team member Hugh Mallen what the key to success was.

"Strict diet is the key to success. That, combined with regular training activities meant that the team was in peak physical condition for the carnival".



Hugh's share of that evening's calorie controlled meal

Nigel Aylott (1996 – 2004)

More than 500 people attended the recent funeral service for Nigel Aylott, killed in a tragic accident while taking part in the Subaru Primal Quest Adventure Race in the USA.



Nigel Aylott (1966 - 2004)

Nigel once quoted “*Every man dies, but not every man lives*” and he lived this to the fullest – winner of many, many endurance events around the world, ex-president of the Victorian Rogaining Association and keen participant in local bush and street orienteering events Nigel was always there – sprinting past you as you pushed up hills.

While the service was quite moving in parts, there was an element of humour in it as well – a true testament to the role that Nigel played in the lives of the many people that he was in contact with. Subaru had prepared a commemorative DVD and this was played during the service – showing footage of Nigel taking part in the adventure race – supportive and humorous to the very end.

Our condolences to Nigel's family and close friends on this sad occasion.

NE Committee News

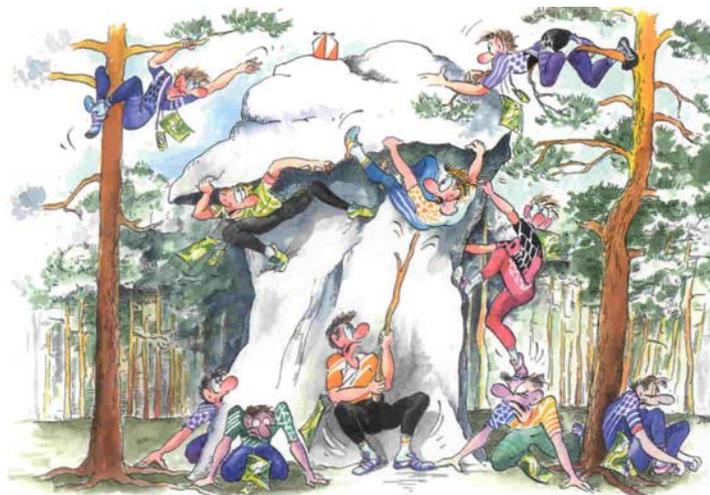
See the club website for copies of minutes. Highlights at the last meeting were:

- Two new vertical banners will be purchased for street-o.
- Mapping of Little Forest to go ahead on 21 Nov.
- Marion will not stand as treasurer for a 9th year. Will someone please let us know if they can help here.
- NE will run the event on the Labour Day weekend; we will probably change this to St George's Lake.
- Return to the Junior squad from Fiona's soup stall efforts was \$1600.

Recent Events

Aust Champs Carnival – central NSW

Challenging terrain in complex granite areas – made all the more difficult by cunning course-setters. The picture below summed up the feelings of many:



Don Fell passed on an amusing tale from the Australian Relays, the final event of the championship carnival. Many people had difficulty on this day – the terrain was challenging, the map contained so much detail that it was very hard to tell where you were and even the combination of compass and pace-counting didn't seem to help much.

The organizers were later embarrassed to report that when printing the maps someone had inadvertently printed the North-South lines incorrectly. When allowing for magnetic-variation – about 12 degrees – they had gone the wrong way. While reports vary, it seems that the North-South lines could have been as much as 24 degrees off bearing.

One now begins to understand why runners like Tim Dent run without a compass – he must have done well on this day!

Whroo Mountain Bike Event

The mountain bike event at Whroo went well. We had 74 participants on a perfect day for riding through the forest. Appreciation to Joyce and Gordon for coming up on the Saturday and helping set out controls....and to Bruce Paterson, Sue Healy, Ron Frederick, Kevin Maloney, Tony Clark and Helen Edmonds for helping out on the day.

Whroo State Series Event

Attendance at this Nillumbik event was not as good as hoped – there had been torrential rain the day before, Whroo is a little further away than the average event and many were taking advantage of the great snow conditions. In spite of this, those that took part enjoyed the complex terrain around the mine site immensely – one wrote to say that “...in spite of running a 5 Km course he was never more than 600-700m from the assembly area – it was clear that the course setter had used Sportident to maximise the course setting opportunities available”.

Schon and Geoff Hudson were the organizer and course-setters for this event – and had arranged training activities for Saturday afternoon and dinner out at a local hotel on Saturday evening. The rain on Saturday made things a little more difficult than expected, so the training activity proved to be shorter than hoped. Thanks to those that camped onsite to protect the equipment – it must have been quite cold out there ;-)

An unmapped track on the way to the first control caused the only controversy for the day; it was unfortunate that we had not marked this on the master maps (we missed this...). While one runner – that lost about 25 minutes in his confusion - was quite upset, Jim Russell offered the comment “Anyone that had the slightest idea where they

were would not have been taken in by the track – and even if they were the strange track bearing and the presence of a nearby hill in front of them should have given them a clue that something was wrong”.

The end result was that we removed leg one for courses 1-3 and scored people on the time for the remainder of their course – this seemed fair to all.



2004 National Carnival The Fell family diaries

DAY 1 – Saturday

Yes, Saturday. This family had someone working late Friday and another to be dropped off at Woodend at dawn.

Minus Day 1, Fell parents take one day of annual leave ‘to get organised and packed with no pressure’. This day starts with numerous family members splitting and cutting wood for grandfather (banned from doing same), then a parent accompanies father and neighbour (recent cardiac operation) to local hardware store to pickup fencing components and load trailer with same because they absolutely had to have their common boundary fence rebuilt by yesterday. Parent A than drives parent B for eye checkup (we take no chances for important orienteering events), parent A drives half blind parent B home. We throw things in bags relying on orienteering weather forecaster’s prediction of polar outbreak at Orange midweek. Well, I have compass, whistle, lots of warm clothes, some knitting and an improving book. One son is leaving later, he is traveling with a desperado who not only is a Brisbane Lions fan but has a ticket to the Grand Final. They have booked in at Cootamundra for after midnight, parents have general licence to worry.

Anyway **back to Day 1**. Fells, minus one son leave bright and early, reach Woodend at 7.00a.m. Throw out the team captain by the side of the team bus and head for the Hume. A change of drivers at the Grass Tree stop with a hello to the Brammels who had had an early escape from the SPOT. Another driver change at Gundagai

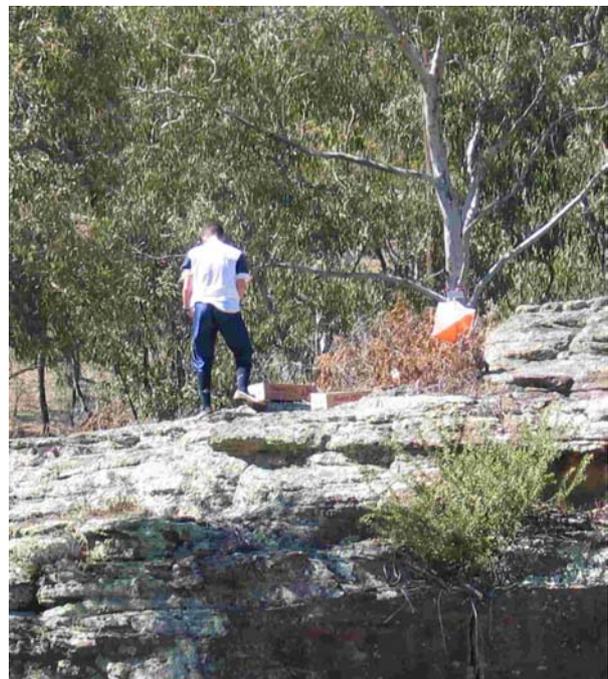


James at Gundagai – and the tuckerbox

Same person gets breathalysed at Young (another experience for our ‘L’ plater). We finally reach Mudgee just before seven, try to find the show grounds and then the entrance (no orienteering signs apparent) hoping to collect our registration bags. We finally find the pasta eating dinner, but “the registration closed at seven” (it’s now 7.04); we grump off to find our motel and food.

DAY 2: NSW championships. Wollemi National Park/Dunns Swamp near Rylstone. *Spur/gully with classic sandstone pagodas. Vegetation varies from thick to open.*

One person has a fairly early start and of course another person has a fairly later start and we have to get those registration bags. We arrive at the event after a longish drive. The last part was fairly dusty with a couple of interesting ‘pinches’, total dust and direct sunrays, horrible; they say (just at the very worst part from the driver’s point of view), the organisers had stuck a control on top of one of the rock pagodas just to ‘upset/excite/cause heart attacks/whatever, I didn’t see it anyway.



The assembly area was good. We had a 15 min. walk back up the entry road to the start. The elite courses had a map changeover behind the finish area. It was impressive. They ran in parallel to the finish chute, veered away to a 5 metre rock, collected water at the base than staggered up to the

top, picked up their next map, toppled over the side and staggered off onto leg 2.

The temperature was probably around 30 °C, the rock formations were challenging, but I wasn't left with the total Kooyoorra sensation of "I have absolutely no idea of where I am". Despite having taken a long time I was reasonably happy with my day.

NEV results were: James Fell 1st in 21AX, Helen E 2nd W50A and Dorothy 3rd W 65A

The NEV Juniors seemed to be surviving, none had great runs but they are probably saving themselves for the more important activities like the scavenger hunt etc.. So far the Vic bus does appear to be the most impressively decorated ...VCE studio art helping here??

DAY 3: no orienteering, so we all do things that orienteers do well; investigate the local food products – honey, olives, mustard and wine....there are MANY vineyards in the area and visit the physical attractions. Fells do their duty, we check out the Henry Lawson centre in Gulgong (as did Sue H and Dave) via two honey tastings mixed with some mustard.. not a good idea to try X-rated mustard prior to honey I feel.....though the culprit was able to reject the Beeagra honey "healthy" honey (the colour of mustard with black bits in it), and end up buying some red stuff (all at the same place).

We check out frog rock ...the actual rock, not the vineyard, and have photos to prove it. Yes, well it was a roadside stop on the way to lunch at The Blue Wren, another trendy vineyard/restaurant with lovely lunch food. All tables except one are occupied by orienteers. Janet F. and Judy Anne Vallence were also there recovering from yesterday's efforts.

More energetic people apparently tried swimming up canyons. This is hearsay.

We then returned back to our motel and Don did further in depth statistical analyses of his relay teams' members. We know that most normal people don't like relays, so it's all no win for the selector....Now I think about it, does the orienteering psyche really lend itself to team things?

As a break from all this we take a brisk walk across the road from our room and check out the Secret Garden wood carvings and sculpture and (of course) wine.

Tea is at the local RSL with Sheahans and other orienteering tragics.. Jenny is getting all the Victorians organised for tomorrow's Quiz Night.

DAY 4: The Schools Competition – individual events.



Near Lue. "Gentle undulating gully spur. Mixture of open farmland and grazed forest. Very fast running." It is very hot and unpleasant weather. The area is spur gully with very few non-contour features (other than termite mounds). It suits Chris Naunton (Vic. Senior Boys) perfectly, he wins that class. Rob F. and Jessica have runs they prefer never to think about again. Alice has an good run. Dave and Hugh

have reasonable efforts. **Need to check all the placings and teams results – think the Junior boys team got a place.** The senior boys team actually won their section. Victoria ends the day in second place.

The adults recover from the stress of it all in the, by then, even hotter conditions and sprint/stagger around a hageby style course of three loops. We spend significant portions of the time getting run down (or over) by the elites who were doing their own thing in the same area with the same controls.

Those of us staying in Mudgee end up at the Quiz night. Our table (Fells, Alan and other assorted non-NEV people) failed dismally with bridge building and Beatles trivia, however Janet F and Judy Anne are part of the winning table....

DAY 5: The Schools competition – relays. Same area as yesterday but even faster running!!! It is cooler than yesterday. Bathurst people (including the schools teams) experienced an impressive thunder storm overnight. There now resides in Junior Squad folklore the story of the cow and the thunder storm. The story has improved with every hearing. Our troops run well. Rob F has a superb run, as do his two team members (Chris Naunton and Steve Cusworth). They win Senior Boys. Alice, Jessica, Hugh and Dave put in great efforts. **Need to check the actual results for the NEV juniors.** The schools competition ends with - Victoria and ACT tying for 1st place.



The parents and other adults trot off onto their score event .. the temperature has suddenly increased. The terrain is similar to yesterday but much faster and MUCH STEEPER hills and deeper gullies.. The times allowed were not long enough...but it was fairly enjoyable.

We get back to the motel, have very quick showers and head for Bathurst and the Schools presentation dinner, having been told the presentation was to occur during the dinner. There is one table only for families who had obtained dinner tickets. (It was held at Scots School where the students had been staying). The only families attending in a purely come, clap and embarrass the child capacity, seem to belong to NEV (Laurie, Helen, Rob and Kate and Don, Fiona and James). We share it with a lone Tasmanian (non orienteering) parent, and the Vic. Team officials, Mandy, Blair and Adam. Our (Vic.) juniors have, to their collective horror, the tables adjacent to us. Medals are awarded, Rob F as co-captain makes an interesting speech after the shield is awarded to the two winning teams. Alice is named in the National Honour Team. We drive back to Mudgee , a two hour drive through the hills and rain.

DAY 6: There is a **Park-O** in Orange at the University but we have opted to not run, so it is migration day for the Fells. We move down to Cowra via Dubbo and Parkes. There is a mandatory stop at The Telescope. Edmonds are also there, moving from Bathurst to Forbes.

The countryside has a very Western District look about it. Apparently Rob F beats big brother by 30seconds in the Park – O.

DAY 7: Model Event day. We wake to very heavy rain. It has been raining most of the night and continues most of the day, becoming patchy during the afternoon.

We spend the morning at the Japanese Garden at Cowra, it is worth the visit even in heavy rain. (2 inches of rain was recorded). Off to the model event. The short drive from main road to paddock is slippery and the parking official is armed with a spade....

We collect our maps and run back to the car. One family member plots his course and states that is all that is necessary, he won't be leaving the car. He sensibly doesn't. The remaining two don O-gear, wet gear etc., and swim off to the first control. Actually it wasn't quite that bad. The terrain is sort of similar to Tarrengower with lots of rock clusters and reasonably clear areas between, so navigation will be by contours and ignore/avoid the rocks as much as possible until there's a control to find. The only NEV people seen are Hugh and Dave, in the squad bus.

DAY 8: Australian Championships near Eugowra. The model event and the actual competition maps are only distantly related. This map is more closely related to Kooyoora than Tarrengower. The start is "an easy walk initially, progressing to a steep climb". It was. I manage to do the ultimate sportident disaster. Navigate from the number 9 circle as marked on the map as I move out of the actual number 8 control site. It wasn't good. I think everyone else had reasonable runs.

DAY 9: Australian Relays 1 hour southwest of Cowra (Reids Flat). *Completely open with scattered trees and numerous granite rock outcrops on slopes ranging from gentle to moderately steep.* (I'm glad they didn't have any officially steep hills. As one of my team members said, you needed a lot of grunt to get up the hills) "the event will provide high visibility for spectators. Runners will be visible up to 500m from the assembly area" They certainly were; leaving, passing through the longest ever spectator control(s) section and finishing. There was absolutely no way anyone could slink through unnoticed. Weather was good. I messed up my navigation, basically because I did all the wrong things i.e. using my compass instead of being confident interpreting the contours etc.. We all survive and head off back home 9 hours away.

Just the washing to do now.

Report of the Whroo MTBO Event by Joyce Rowlands

We were very lucky with the good weather on Sunday 19th September for the running of the last MTBO event before the Victorian Championships and the World Mountain Bike Carnival.

On Saturday after lunch Gordon Clarke and Joyce put out 11 of the controls and course setter, Rob Edmonds, did the rest. We did not use SportIdent as none of us had experience in this area. Some of the minor tracks were even less visible due to lack of use and fallen leaves, so we took the opportunity to do a little gardening to make them more obvious.

On Sunday, we used the covered lean to and tables for registration at the back of the shop – with Doris King's approval. Doris runs the shop at Whroo and was very cheerful and most helpful. She allowed us to use the nearby toilets which saved us a considerable amount of money. In addition, she allowed us to use her picnic tables as part of the start/finish area and this saved setup time.

As always, we had terrific help from NE members and friends. Sue Healy came all the way to Whroo just to help on registration. Ron Frederick had only a short ride – after organizing parking and handing out information sheets. Our experience at a previous event, where we were understaffed, made us all too aware of the importance of having enough people to help out and we were very grateful to those that pitched in to help.

Others that helped after their rides included Helen Edmonds, Kevin Maloney, Bruce Paterson and new members Geoff Armstrong and son Tim. Rob, Ron and Kevin collected controls at the end of the day.

The event went well, with 74 riders and several newcomers enjoying both the ride and the area in which it was set.

Although Whroo and Bendigo are similar distances from Melbourne, some people have the perception that Whroo is too far to drive (e.g. record low numbers at the Whroo State Series event in July). Most clubs experience difficulty getting non-riders to assist at events and NE is no different in this regard.

THINGS WE LEARNED

1. Master maps should be checked by someone other than the course setter – to check that maps of the same course are identical in every way.
2. We need to make sure there are enough clue sheets – including enough spares to stick them on the master maps.
3. Every rider must be told of alterations that affect his course.
4. We need a fulltime "newcomer" person to look after people attending for the first time.
5. The Organiser and Course Setter need to be floating – ready to step in if needed. (On this day we needed to replace a stolen control – difficult if you do not have enough people).

Adopt a Map

Volunteers are sought for maintaining the established NE Street-O maps. Responsibilities are:

- Keep a soft copy of the map up to date
- Periodically, supply a paper or soft copy of the map to course setters
- Update map from advice from course setters, map corrections offered at an event and your own observation of changes/inaccuracies in the map

Most of NE's maps have been created using Ocad software. This is a very simple drawing program - beginners can be up and running in an hour or 2. There are many experienced users in the club who will be pleased to provide assistance.

If you live or work near any of these map areas, or simply think one of them is an interesting area why not give it a go!

Contact Ian Stirling at ianstirling@optusnet.com.au or by phone on 9876 3643 if you would like to give it a try.

Club Uniforms

NE Running Tops still available

Where else can you get a \$50 running top for only \$20?

Call Schon on 9888 8121 for details

Thanks to Schon, Fiona and Katherine Dent for their fantastic efforts in providing the club with the best running tops around – and now complementing this with a range of après-run clothing.

The new jackets and/or vests provide something warm to put on after your run – don't get a chill. Having worn one for several weeks now I can attest that they are very comfortable – Jackets for \$30, Vests are \$25.

The range has recently been expanded to include hats and sweatbands. More details soon – or visit the uniforms section on the club website.

NE New Members

Please welcome Pamela Copley to the club; Pamela – mother of A grade runner Fiona Copley - lives in the Northern suburbs and was a keen participant in last year's Northern Series.



New members Antony and Christy Ball at the Maxi. Antony and Christy are keen participants in the PW section in the Eastern Night Series; they recently ran the Dandenong Creek event for us in the Iceberg Series.

Stuart Fell wins Scholarship

Rumour has it that Stuart Fell has won a scholarship to study in Sweden during 2005. Congratulations to Stuart! What a great opportunity to experience new orienteering terrain with some of the best orienteers in the world. Keep in touch!

Garmin ForeRunner 201

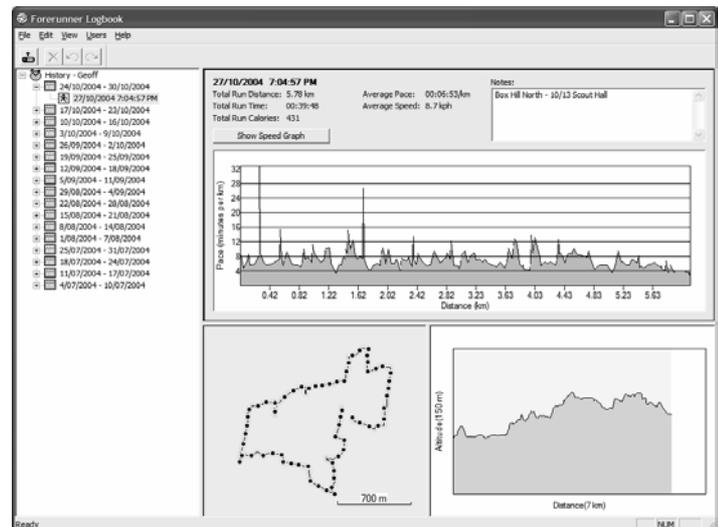
A number of runners have been using instrumentation packs for a while – to provide distance and heart rate information. The latest of these to appear on the market is the Garmin ForeRunner 201 – a wrist mounted unit that offers an easy

to read display, an inbuilt GPS unit that provides time, distance and speed information during your run.



The ForeRunner contains a Lithium Ion battery that can run the unit for 14-16 hours. A charging unit is provided – with recharging taking 1-2 hours.

A PC interface cable is also provided – allowing you to download your run to a PC when you return home. While there are many programs available to analyse your run, I've only used the free one supplied by Garmin – the ForeRunner LogBook program. A typical screen output is shown below.



This program provides a chart showing running speed versus distance/time (the blue trace). It shows that I'm out of condition at the moment running 6 minutes per Km – but when pushed near the finish running sub 4 minute K's in the last half Km or so. The yellow/dotted trace shows my path along the ground and finally, the green trace shows the elevation.

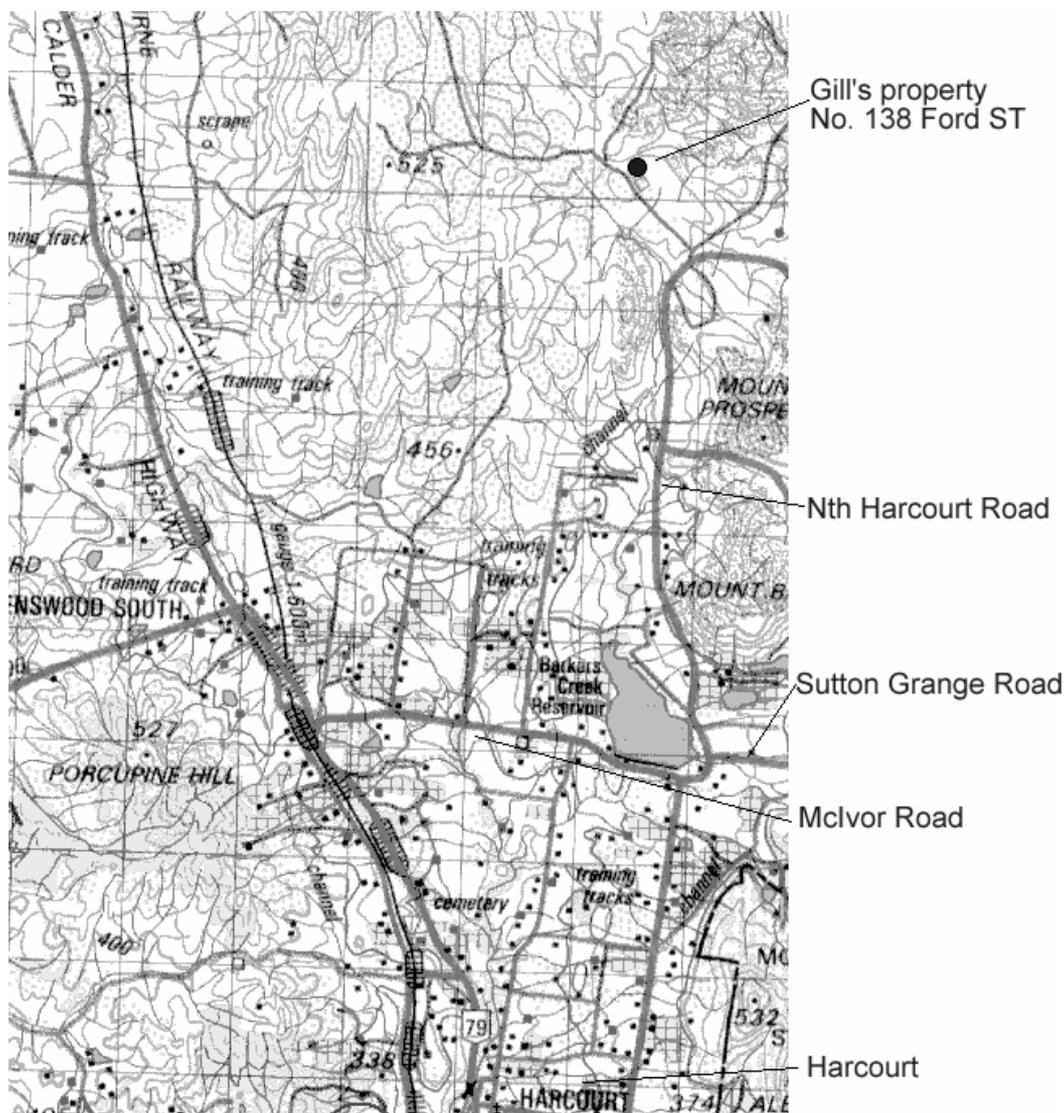
Price varies – depending on where you get it from. While recommended retail is about \$260 at the moment, I have seen units as low as A\$180 on eBay for those with access to this medium.

If you see somebody in an NE running top and don't know who they are, please go over and introduce yourself

Directions to the AGM

Proceed through Harcourt on the Calder Highway. About 3 Km after Harcourt turn right into Mclvor Road and proceed East past Barkers Creek Reservoir into North Harcourt Road. After about 4.5 Km turn left into Ford Road. On the hill turn right into #138 about 20m after the end of the bitumen. We will place some O-signs at key turning points.

Follow map below...



NE Bush Calendar - 2005

Our request to run the following events has been approved; if you'd like to help out with any of these please get in touch with Rob Edmonds on 9438 3378. The Maxi is a great event for a novice course setter – if you'd like to try your hand at course setting, this is the one to start with – Geoff Hudson provided Ron Wescott with assistance/support this year and has offered to do the same again next year.

Date	Event	Map	Course Setter(s)	Organiser(s)	Controller
6/3	MTBO Series #2	St George's Lake	Rob Edmonds	Joyce Rowlands	-
13/3	State Series #2	Little Hard Hills (To confirm)	Stuart Fell		
22/5	MTBO Series #6	Korweinguboora			
29/5	State Series #5	Little Forest (new map)			Rob Edmonds
7/8	Maxi 3 Hour	Korweinguboora		Rob Edmonds	
23/10	Sprint Champs.	Latrobe University			
12/11	Night-O Champs.	Hepburn Diggings (East)	Rex Niven		
13/11	Vic Score Challenge	Hepburn Diggings (West)			

Street Orienteering – Course Setting



Course-setters required for coming events.

Would you like to contribute to course setting but have never set a course before? The Saturday afternoon and night courses are usually *Score* events, these are very easy to set. Put your name down as assistant course setter if unsure and we'll assign an experienced orienteer to help you out.

Ian Stirling, NE's street-O coordinator will be pleased to hear from you at ianstirling@optusnet.com.au or by phone on (Hm) 9876 3643

One of the great things about being a member of NE is the way in which everybody pitches in to help at events – just when you think you're in trouble, people come from everywhere offering assistance. We're trying to avoid this feeling of panic - if you take part in Street-Orienteering and you're name is not on the list below – you should ask yourself why not? If there's a map near your work or home, why not ask the coordinator listed if you can help – with control placement or setting up the assembly area or by picking up controls after the event.

In particular, please recognize the superb input from the Fell family – who continue to provide new maps in the Western Suburbs each year. At the moment, the Fells run most/all NE events in the Western Series – it would be really good if some of our members in that area were able to help out by setting a course.

Date	Day	Map	Course Setter(s) / Helpers	Comments
4 th November	Thurs	LaTrobe Uni	Ian Stirling	MFR will run sprint event on this evening
10 th November	Wed	Dandenong Creek	Rick Bayles	
17 th November	Wed	Yarra Bend Park	Ron Wescott	
24 th November	Wed	Bennettswood	Schon Hudson	
8 th December	Wed	Smiths Dell	Geoff Hudson	Map to be translated into OCAD – fieldwork required
13 th January	Thur	Bundoora Park	Jeff Hughes	
15 th December	Wed	Quambee Quandary	David Beard	Map to be translated into OCAD – fieldwork required
21 st December	Tues	Keilor Plains		
4 th January	Tues	Hoppers Crossing	Fell Family	
24 th January	Mon	Camelot Rise	Joyce Rowlands	
26 th January	Wed	Burnley Maze	Hudson family	Map extended to East side of Yarra
2 nd February	Wed	Wattle Park	Lauris Stirling	
10 th February	Thurs	Greensborough	Doug Canning	
15 th February	Tues	Altona Meadows North		
17 th March	Thurs	Belmore Parklands	Rachel Johnson	



Left – training activity at Aus Chapms (it was very hot)

Right – Jesse Niven – State Junior Squad member.



Nillumbik Contact List

President	Ron Frederick		gina@holtmac.com.au
Vice-President	Dorothy Adrian	9874 3065	
Secretary	Rex Niven		
Treasurer	Marion	9878 2431	Via pincush@alphalink.com.au
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Northern Series Street-O	Geoff Hudson	9888 8121	HUDSON@bigpond.net.au
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Newsletter

Submissions and comments invited – please send them to:

Editor	Geoff Hudson, 16 Fowler St, Box Hill South	
Email	Hudson@bigpond.net.au	Phone: 9888 8121

Useful Links

Nillumbik Emus Web Site	emus.orienteering.com.au
VOA Web Site	http://www.vicorienteering.asn.au/
Street Orienteering Web Site	http://street.orienteering.com.au/

VOA e-bulletin

This regular bulletin from Peter Creely is an excellent way of keeping people aware of coming events – if you don't get Peter's bulletin or you have something you need to send to lots of Victorian orienteers drop him a line at luddcreely@impulse.net.au

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Membership Application

Please fill in the form below and forward it – with membership fee of \$5 – to Schon Hudson, 16 Fowler Street, Box Hill South, 3128 or to Geoff Hudson at any street-orienteering event.

Family Members	:	Name	Date of Birth
Address	:		
Phone Number	:		
Mobile Phone No.	:		
Email address	:		
Year of Birth (for each person)	:		